



CONTACT US TODAY

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www.winevalleyadventures.com 🌐

General Information

Wine Valley Adventures has a package to suit everyone! There are 1-hour, 2-hour and 4-hour rides, with special wine tasting, sundowner, dinner and moonlight trails.

We operate 7 days a week and the trails are led by experienced and qualified guides.

Paarl Valley - home of the third oldest European settlement in **South Africa** and in 1687, Governor Simon van der Stel granted the first farms to Dutch settlers on the banks of the Berg River. Visitors to **Paarl** will still find many vineyards in and around the residential neighbourhoods, adding to the unique character of the town. The departure point of the trails is based on Rhebokskloof Wine Estate, in magical historical buildings dating from the 1800's

The rides begin on the beautiful Rhebokskloof Wine Estate and proceed up into the surrounding Paarl Nature Reserve. Riders are treated to spectacular views of the Du Toits Kloof Mountain range, the Swartberg farming areas to the West and the majestic Table Mountain to the South. Friends and family are welcome to spend time at "The Rhebok Restaurant" that offers bistro type food and the estate's award-winning wines. www.rhebokskloof.co.za

A 3-hour beach ride on the coast of Cape Town is offered on special request. It features a gallop on the beach plus exciting rides through the sand dunes with spectacular views.

Tailor made itineraries are our speciality. Let our beautiful horses and carriages make your engagement or wedding a memorable one!

The owner's knowledge gained through operating for over 20 years in the Paarl Valley will ensure that the best kept secrets (and wines) of the three world-famous wine regions of Paarl, Franschhoek and Stellenbosch are shared with you!

Weather

When Cape Town coastal areas are windy come to our valley for a calm sunny day! It can get rather hot in the summer months (October - March), averaging 32°C; Winter (April-August) is a rainy season of chilly early mornings to warm days (25°C) if the sun is out and cool to cold nights (can get down to 5°C and less at night in June and July).

CK/060479/23 | VAT 436024418

P.O. Box 5301, Paarl 7620

Tel / Fax: (021) 8698687 Cells: 0832268735 / 0836575135

E-Mail: gavmic@worldonline.co.za

Web site: www.horsetrails-sa.co.za

About the riding:

Riding Ability: We accept groups of up to 20 people. We accommodate beginners but have well-schooled horses that advanced riders will enjoy. Different levels in one group are welcome, riders of similar experience are grouped together, and each group will do parts of the trail with their own guide.

The Riding Terrain: A variety of tractor routes, mountain climbs and open areas for a good canter. The mountain areas offer breath taking views so it is recommended to take the 2 hour ride to get to the top of Paarl Mountain for the best possible view.

Riding Style: Tack is matched up to give both the rider and the horse a comfortable ride. We mainly make use of McClellan type trail saddles but English General-Purpose saddles are available on request. Hard hats are compulsory; you are welcome to bring your own although we do keep a supply in all sizes for those who prefer to travel light.

How to Ride Our Horses:

- ✓ Please leave the reins long in walk so that your horse is able to stride out. Don't hold the reins too short as it makes the horse stiff and uncomfortable and it won't walk forward.
- ✓ Have your reins shorter in over difficult terrain (such as going up or down hills)
- ✓ When there is enough space please ride next to each other in walk; only when the terrain doesn't allow it ride in single file.
- ✓ Please take your reins shorter in canter and stay in single file. Don't pass each other and never overtake the guide
- ✓ Never let your horse run downhill, always try and keep it walking. Catch up with the rest of the group when it is safe and even ground
- ✓ Horses should not eat during the ride
- ✓ As soon as we dismount please be patient and hold your horse until we help you. Never tie the horse by the reins!
- ✓ Please note that each horse needs a different saddle and each saddle is fastened differently. Although we welcome any offers of help, we would appreciate it if you would leave the saddling of the horses to us to prevent any problems.
- ✓ We would also appreciate if you would use the mounting block to get on your horse. Please try to mount softly.

Type of Horses:

Our horses are a variety of cross breeds that suit all terrain as well as the different levels of riders that they come in contact with. They are schooled, well-tempered animals that are very much part of the family here. They are South African bred Boerperds, Friesian, Thoroughbred and Warmblood type crosses and suit almost everybody, from the beginner to the advanced rider.

The owner of Wine Valley Adventures bred most of the horses used in the trails so each of them has a full history and tales of their adolescent years as part of the different herds of almost 300 horses in total. The main focus of their breeding program is to have a sound minded, attentive, brave horse that has good work ethics and great rideability!

Occasionally some of these precious steeds are for sale too. You might be riding a movie star too – many of our horses work regularly on movie and photo shoots.

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Gear: Jodhpurs and half or full chaps, comfortable riding boots, please bring whatever you usually wear to ride. For those without riding gear, tight long pants will do with a closed shoe that has a slight heel. Always bring SUNTAN LOTION

Weight Limit: For the sake of our horses and your safety, please be honest about your weight category. Horses are categorised as follows:

<65 kg

65 – 75kg

75 – 90 kg

Guide and Safety on Trail:

Rides are always led by our experienced guides and followed by a back-up rider. A full safety briefing will be held before and riders asked to sign an indemnity and all documentation before the ride before going the trail. Please arrive at least 30min before the trail starting time.

Size of Group: Up to a maximum of 20 guests.

Children: We do accept children above the age of 12 years and if they are competent riders. We do give discounted rates for children as indicated under activities.

Medical: A first aid kit is carried on each ride. Guides are professional first aiders. The nearest hospital is 10 minutes away. Please ensure you carry your own insurance.

The wearing of long shirts and trousers are advised in summer months as well as sunscreen to prevent sunburn.

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Requirements and Information – Book Your Ride

Trails go out every day at 8h00, please book in advance to avoid disappointment and to secure your space.

Wine Valley Adventures horses are superbly schooled and rider friendly.

All rides are led by our knowledgeable, experienced trail guides.

Age limit: 8 years to 75 years of age.

Weight limit: no persons over 90 kg / 14 stone / 198 pounds

Duration: See trail options on www.winevalleyadventures.com

Arrival time: 30 minutes before trail

Cost: As per website. Bookings can be made directly from website.

Arrival time is **30 minutes before** actual time booked so we may meet and greet, supply you with the correct equipment, sign indemnities and privacy document (please look under 'Forms' on our website) and do a safety briefing. No refund if cancelled within 24 hours. We provide riding hats which are compulsory. All you need is long pants, socks, a jacket in case it gets cold and sun block.

For safety reasons you will have to speak and understand English.

Riding experience is not essential as we allocate horses according to skill, however you need to bear in mind that horse riding is considered an extreme sport and horses all have their own personalities.

When you book we need to have a clear understanding of your riding experience, please note the following when deciding on what level of experience you fall into:

Novice = less than 100 times

Semi-experienced = more than 100 times or do not fall into the below 'experienced' criteria.

Experienced = more than 1,000 times and have competed, owned and ridden own horse and are currently riding.

If you are pregnant, have had a recent operation or have a medical condition that maybe deemed unsafe to ride (if unsure please ask us), for safety reasons you may not ride on any of our trails or rides.

No alcohol or recreational drugs may be consumed before the ride,

Booking is essential, and we require 24 hours' notice of cancellation as we bring in trail guides especially for these trails.

A 50% deposit of the total amount is payable in advance to secure bookings. If we do not receive at least 24 hours' notice of cancellation the deposit will not be refundable. Deposit payable by internet, cash or with credit card.

We also require a contact number where we may reach you if necessary (e.g. if we need to confirm the booking or in case of bad weather).

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